

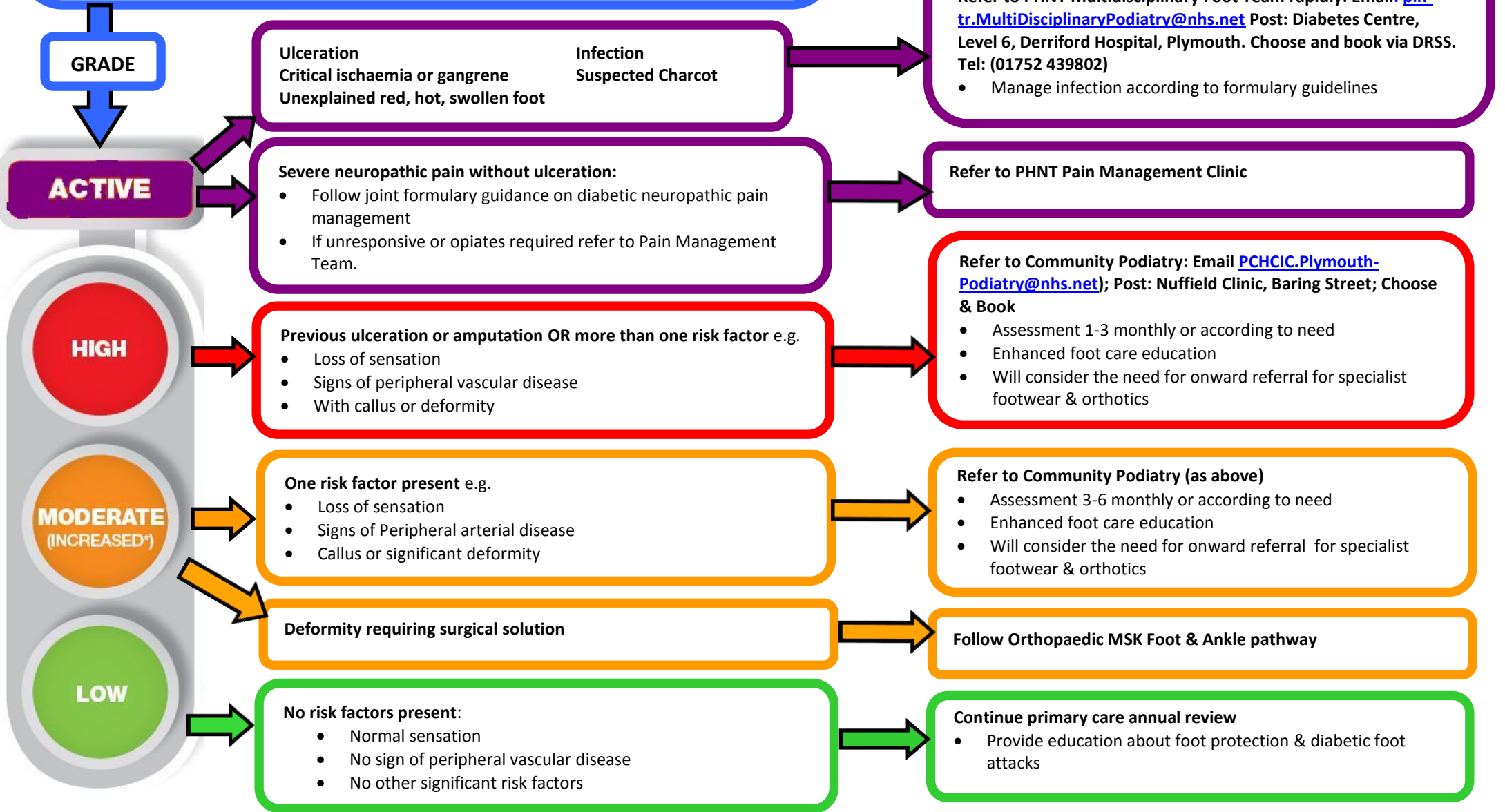
DIABETES FOOTCARE PATHWAY for WESTERN DEVON

Primary care annual foot review

Foot examination with shoes and socks removed

- Test sensation using 10g monofilament
- Feel for foot pulses
- Check for ulceration
- Inspect for deformity
- Classify foot risk & advise patient
- Inspect for significant callus
- Ask about previous ulceration
- Check footwear
- Ask about pain
- Provide foot care education

Based on Diabetes UK/NICE "Putting Feet First", June 2012, revised April 2014
 Authors: Plymouth Diabetes Team: Plymouth Hospitals NHS Trust & Plymouth Community Healthcare CIC.
 More info on PHNT website (search "Plymouth diabetes")



Emergency admission

- Severe sepsis – to Medical Assessment Unit (MAU)
- Critical ischaemia – direct to vascular surgery via SAU, FAO duty Consultant Vascular Surgeon

Refer to PHNT Multidisciplinary Foot Team rapidly: Email: plh-tr.MultiDisciplinaryPodiatry@nhs.net Post: Diabetes Centre, Level 6, Derriford Hospital, Plymouth. Choose and book via DRSS. Tel: (01752 439802)

- Manage infection according to formulary guidelines

Refer to PHNT Pain Management Clinic

Refer to Community Podiatry: Email PCHCIC.Plymouth-Podiatry@nhs.net; Post: Nuffield Clinic, Baring Street; Choose & Book

- Assessment 1-3 monthly or according to need
- Enhanced foot care education
- Will consider the need for onward referral for specialist footwear & orthotics

Refer to Community Podiatry (as above)

- Assessment 3-6 monthly or according to need
- Enhanced foot care education
- Will consider the need for onward referral for specialist footwear & orthotics

Follow Orthopaedic MSK Foot & Ankle pathway

Continue primary care annual review

- Provide education about foot protection & diabetic foot attacks