Based on Diabetes UK/NICE "Putting Feet First", June 2012, revised April 2014 DIABETES FOOTCARE PATHWAY for WESTERN DEVON Authors: Plymouth Diabetes Team: Plymouth Hospitals NHS Trust & Plymouth Community Healthcare CIC. Primary care annual foot review More info on PHNT website (search "Plymouth diabetes") Foot examination with shoes and socks removed Test sensation using 10g monofilament Inspect for significant callus Feel for foot pulses Ask about previous ulceration **Emergency admission** Check for ulceration Check footwear Severe sepsis – to Medical Assessment Unit (MAU) Inspect for deformity Ask about pain Critical ischaemia – direct to vascular surgery via SAU, FAO Classify foot risk & advise patient Provide foot care education duty Consultant Vascular Surgeon Refer to PHNT Multidisciplinary Foot Team rapidly: Email: plhtr.MultiDisciplinaryPodiatry@nhs.net Post: Diabetes Centre, Level 6, Derriford Hospital, Plymouth. Choose and book via DRSS. Ulceration Infection **GRADE** Tel: (01752 439802) Critical ischaemia or gangrene **Suspected Charcot** Manage infection according to formulary guidelines Unexplained red, hot, swollen foot Severe neuropathic pain without ulceration: **Refer to PHNT Pain Management Clinic** ACTIVE Follow joint formulary guidance on diabetic neuropathic pain management If unresponsive or opiates required refer to Pain Management Refer to Community Podiatry: Email PCHCIC.Plymouth-Team. Podiatry@nhs.net); Post: Nuffield Clinic, Baring Street; Choose & Book Assessment 1-3 monthly or according to need Previous ulceration or amputation OR more than one risk factor e.g. HIGH Enhanced foot care education Loss of sensation Will consider the need for onward referral for specialist Signs of peripheral vascular disease footwear & orthotics With callus or deformity Refer to Community Podiatry (as above) One risk factor present e.g. Assessment 3-6 monthly or according to need Loss of sensation MODERATE Enhanced foot care education Signs of Peripheral arterial disease (INCREASED* Will consider the need for onward referral for specialist Callus or significant deformity footwear & orthotics **Deformity requiring surgical solution** Follow Orthopaedic MSK Foot & Ankle pathway LOW No risk factors present: Continue primary care annual review Normal sensation Provide education about foot protection & diabetic foot No sign of peripheral vascular disease attacks No other significant risk factors