

## Did you know as much as £5.5 million is wasted each year in Devon on unused medicines?

The same amount could pay for approximately:

- 730 heart bypass operations
- or 1,000 hip replacements
- or 2,235 knee replacements
- or 10,720 cataract operations

You can help us use this NHS money in Devon more wisely:

### Check

Look at your supplies – order only the items that you need.

### Listen

Listen to the advice from your doctor or nurse and take all medicines as instructed on the label.

### Tell

Tell your doctor or nurse if your medicines are not agreeing with you or you have stopped taking them.

### Tick

Using the counterfoil of the prescription, tick only the medicines you need, and remember “tick in haste – medicines waste.”

### Open

Open your bag of medication while at the dispensary. If you have item(s) not requested, or surplus to your needs for the next month, please return these before leaving.