

Make a pledge to help reduce medicines waste

£5.5 million is wasted each year in Devon on **unused medicines**



We pledge to always **look at existing supplies** of medicines and **only order what we need**



I pledge to **tell my GP, nurse or pharmacist** if my medicines are **not agreeing with me** or I have **stopped taking them**



I pledge to **only tick the items** on the prescription counterfoil **that I need**



We pledge to **listen to advice** from our GP, nurse or pharmacist and **take all medicines as instructed**



I pledge to always **open my bag of medication** while at the pharmacy or dispensary and **return any items not ordered or needed**

Tick the pledges most relevant to you

Help us to make the most of your NHS