



Media information

Date: 8 March 2017

People with newly diagnosed diabetes to benefit from innovative free education service

NHS Northern, Eastern and Western Devon Clinical Commissioning Group has announced the launch of a free innovative education service for people newly diagnosed with type 2 diabetes in Devon's Eastern* locality.

The Oviva Diabetes Education programme is now available for all newly diagnosed people with type 2 diabetes throughout Eastern Devon, extending from Okehampton to Axminster to Tiverton. It provides a unique new approach to helping boost access to learning about diabetes and improving people's confidence in managing their condition.

The new service involves offering patients a telephone appointment with a dietitian to create a personal plan, and participating in a face-to-face group session to learn about what changes people living with type 2 diabetes can make to control their condition. Patients participating in the service will also benefit from access to online learning and advice about other local services to support them in improving their health.

In addition, those who have other health conditions or complications from their diabetes will receive additional personalised and effective support from the dietitian over a six-month period, via the Oviva smartphone app or over the phone.

The goal of this new service is to enhance the health of people living with diabetes in Devon's Eastern locality and help reduce the risk of developing complications.

Dr Mark Jenkins, Medical Director at Oviva, said "We are delighted to be working in Devon to help improve the health of people living with

Key facts for NEW Devon CCG:

We have an overall budget of £1.1 billion

We serve a total population of 898,523

We cover a total area of 2,330 square miles

*Our CCG chair is Dr Tim Burke and there are three locality chairs:
North – Dr John Womersley
East – Dr David Jenner
West – Dr Steve Harris*

Our accountable officer is Janet Fitzgerald

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type 2 diabetes. Our approach of combining healthcare professionals with technology seeks to dramatically improve the NHS's ability to provide effective early support and help reduce the financial and emotional costs of managing this condition"

Dr Alison Round, GP and clinical effectiveness lead at NHS NEW Devon CCG said: "We know that self-care and the ability to manage one's own condition is central to improving quality of life for patients with long-term conditions such as diabetes. If we support patients at the critical time when they receive a diagnosis, we can give them the confidence and information they need to take greater control of their own health and encourage healthy behaviours that help prevent ill health in the long-term.

"I am delighted that we have been able to offer this innovative and vital service to patients with type 2 diabetes, and hope that we will be able to roll it out wider to all of our patients eventually."

ENDS

Editor's notes

Oviva is a provider of technology enabled dietetic services focused on diabetes, and is part of the NHS England Diabetes Digital Coach Test Bed and Digital Health.London accelerator programmes <http://oviva.com/uk/>

The Digital Health.London Accelerator programme brings together the NHS with innovative healthcare businesses to better understand how technology can be integrated into the health system and relieve some of the pressure health and care services are currently facing.

The Diabetes Digital Coach programme is led by the West of England Academic Health Science Network, with a range of technology and evaluation partners, including Oviva. It will bring together digital health self-management tools (such as wearable sensors and supporting software) with the latest developments in connecting monitoring devices – the Internet of Things.

Find the CQC report 'My diabetes, my care' [here](#).

**The Eastern locality of Devon covers East Devon, Exeter and Mid Devon and parts of West Devon, including Okehampton.*

For more information contact Keri Ross, Communications Manager, on 01392 267680 or email keri.ross@nhs.net

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