

Support Services Directory

The agencies within this directory have agreed to be included. The Clinical Commissioning Group's has sought to ensure this information is correct and relevant. If you find any error or out of date information or you would like to discuss your experience, please contact our Patient Advice and Liaison Team within Northern, Eastern and Western Clinical Commissioning Group (NEW Devon CCG) on 0300 123 1672.

In addition The Good Grief Trust is a Trust that is there to help all those suffering grief in the UK, with an aim to acknowledged people's grief and provide reassurance, a virtual hand of friendship and ongoing support. Their vision is to bring all bereavement services together to ensure everyone receives the support they need to move forward with their lives.

The Good Grief Trust: <http://www.thegoodgrieftrust.org/>

Bereavement Services Child and family death

Organisation Name	Description of Service	Contact details
Families in Grief (North Devon)	Set up by a group of bereaved parents and adults. Support for children, young people and their families following the loss of someone close to them. Supporting grieving families in North Devon.	Telephone: 01237 479 027 Telephone: 07722 811 913 www.familiesingrief.org info@familiesingrief.org Families In Grief, Rose Hill, Heywood Road , Bideford, EX39 3PG Twitter and Facebook pages available

Organisation Name	Description of Service	Contact details
Children and Families in Grief (South Devon)	A charity that provides practical, emotional and creative support for children and their families in South Devon following bereavement. Clients can self-refer. Healthcare Staff can also make referrals. Following an initial family assessment home visit, the therapists identify how best to support.	Telephone: 01803 393 917 www.childrenandfamiliesingrief.co.uk PO Box 425, Paignton, TQ4 9BF
Swings (South Devon)	Grief support for children and young people.	Telephone: 01803 853 609 Telephone: 07788 560 779
Balloons (Exeter, Mid and East Devon)	Charity that provides Community-based support for children, young people and their families from Exeter, Mid or East Devon following the death of a significant person in their lives, such as a parent, carer or sibling.	Support Co-ordinator Telephone: 01392 826064 Admin Telephone: 01392 826065 admin@balloonscharity.co.uk Unit 43/44, Basepoint Business Centre, Yeoford Way, Marsh Barton, Exeter, EX2 8LB
Hospiscare Bereavement Service (Exeter and East Devon)	Hospiscare provide a bereavement service that is available to any individual who has had contact with the hospice, whether as a patient, a family member, a carer or a friend.	Telephone: 01392 688000 info@hospiscare.co.uk www.hospiscare.co.uk/Our_services/Bereavement_care Hospiscare, Dryden Road, Exeter, EX2 5JJ
New Beginnings Bereavement Social Group (Sidmouth)	New Beginnings Bereavement Social Group meets every 6 weeks to serve the local community.	Telephone: 01395 514445 help@sidmouthhelplink.org.uk www.sidmouthhelplink.org.uk Sidmouth Help Link The Community Partnership, Mill Street, Sidmouth, EX10 8DF

Organisation Name	Description of Service	Contact details
<p>Bereavement Support Service (Plymouth)</p>	<p>The Bereavement Support Service brings together recently bereaved people, who can support one another. They provide a weekly venue where bereaved persons can meet.</p>	<p>Telephone: 01752 303 462</p> <p>The Salvation Army, Congress Hall, Armada Way, Plymouth</p> <p>Further venues in Saltash and Plymstock)</p>
<p>Jeremiah's Journey (Plymouth and surrounding area)</p>	<p>Information and support to bereaved children and their families. Pre- bereavement support is also available. Support groups and individual sessions.</p>	<p>Telephone: 01752 424 348</p> <p>info@jeremiahsjourney.org.uk</p> <p>www.jeremiahsjourney.org.uk</p> <p>Unit 10, HQ Business Centre, 237 Union Street, Stonehouse, Plymouth, PL1 3HQ</p> <p>Facebook page available</p>
<p>Little things and Co (Plymouth & Western Devon)</p>	<p>Initially created to provide bespoke clothing to tiny babies who had died, Little Things became & Co and has now expanded its services to include support group meetings, a dedicated memorial garden within Derriford hospital, literature and any additional support to relieve the mental suffering of those suffering from bereavement or loss as the charity sees fit.</p>	<p>http://www.ltandco.org</p> <p>info@ltandco.org</p> <p>58 The Mead, Plympton, Plymouth, PL7 4HT</p>
<p>Children's Hospice (Southwest)</p>	<p>A family's 'contact' and other members of the Care Team are available to provide bereavement support for the whole family for as long as they wish. We will always be happy to talk with a family about their child and will be in regular contact by phone, particularly in the early weeks following a child's death.</p>	<p>Telephone: 01271 325270</p> <p>www.chsw.org.uk</p> <p>enquiries@chsw.or.uk</p> <p>Little Bridge House, Redlands Road, Fremington, Barnstaple, EX31 2PZ</p> <p>Twitter, Facebook and Pinterest pages available</p>

Organisation Name	Description of Service	Contact details
<p>Compassionate Friends (National & Local)</p>	<p>A charitable organisation of bereaved family members who give support to other bereaved parents and close family members of any age who have suffered the death of a child/children. Support includes a national UK helpline which is always answered by a bereaved parent, a quarterly newsletter, leaflets and groups support. Also offers help to siblings and information to others in giving support to bereaved families.</p>	<p>National Helpline: 0845 123 2304 Local Telephone Number: 01626 862203</p> <p>info@tcf.org.uk www.tcf.org.uk</p> <p>Kilburn Grange, Priory Park Road, London, NW6 7UJ</p> <p>Twitter and Facebook pages available</p>
<p>CRUSE Bereavement Care (National & Local)</p>	<p>CRUSE Bereavement Care promotes the wellbeing of bereaved people and enables anyone bereaved by death to understand their grief and cope with their loss. As well as providing free care to all bereaved people, the charity also offers information, support and training services to those who are looking after them.</p> <p>Bereavement support for people of all ages (including children) – counselling, practical help, signposting, information, publications and helpline. Support counselling rooms across Devon.</p>	<p>Freephone: 0808 880 1677 Devon area Telephone: 03003 305 466</p> <p>helpline@cruse.org.uk devon@cruse.org.uk www.cruse.org.uk</p> <p>3 Palace Gate, Exeter, EX1 1JA CRUSE Bereavement care, P.O. Box 800, Richmond Surrey, TW9 1RG</p>
<p>Hope Again</p>	<p>RD4U is a website designed for young people by young people. It is part of CRUSE Bereavement Care's youth involvement project and is there to support a young person after the death of someone close.</p>	<p>www.hopeagain.org.uk hopeagain@cruse.org.uk</p> <p>Twitter and Facebook pages available</p>
<p>Child Bereavement UK (National)</p>	<p>Support & information when a child is grieving or when a child dies. For families, young people, schools, professionals. Face to face, if people can travel to them - otherwise there is support via on line forum</p>	<p>National Freephone number: 0800 02 888 40 Mon – Fri 09:00-17:00</p> <p>support@childbereavementuk.org.uk www.childbereavementuk.org</p> <p>Clare Charity Centre, The Saunderton Estate, Wycombe Road, Saunderton, Buckinghamshire, HP14 4BF</p> <p>Facebook and Twitter pages available</p>

Organisation Name	Description of Service	Contact details
Child Death Helpline (National)	<p>The Child Death Helpline aims to provide a quality free phone service to anyone affected by the death of a child of any age from pre-birth to adult, under any circumstances, however recently or long ago. Callers to the Helpline might be parents, grandparents, siblings, other family members, friends or professionals involved with the dead child. The Helpline is staffed by volunteers, all of them bereaved parents.</p>	<p>Free phone number for all mobiles: 0808 800 6019</p> <p>Lines open 365 days a year</p> <p>Evenings 19:00-22:00</p> <p>Mon-Fri 10:00-13:00</p> <p>Tues & Wed 13:00-16:00</p> <p>Contact@childdeathhelpline.org www.childdeathhelpline.org.uk</p> <p>Barclay House, 37 Queen Square, London, WC1N 3BH</p>
The Lullaby Trust (National)	<p>The Lullaby Trust raises awareness of sudden infant death syndrome (SIDS), provides expert advice on safer sleep for babies, and offers emotional support for bereaved families.</p>	<p>Telephone: 0808 802 6869</p> <p>Freephone Helpline: 0808 802 6868</p> <p>Helpline open 10am-5pm Monday to Friday and 6pm-10pm on weekends and public holidays</p> <p>support@lullabytrust.org.uk www.lullabytrust.org.uk</p> <p>The Lullaby Trust, 11 Belgrave Road, London, SW1V 1RB</p>
Winston's Wish (National)	<p>National helpline offering practical support, information and guidance to all those caring for a child or young person who has been bereaved. This can be families, carers, friends and professionals.</p>	<p>Helpline – Freephone: 08088 020 021</p> <p>Head Office Telephone: 01242 515 157</p> <p>info@winstonswish.org.uk www.winstonswish.org.uk</p> <p>17 Royal Crescent, Cheltenham, GL50 3DA</p>

Bereavement Services Murder/Manslaughter and Suicide

Organisation Name	Description of Service	Contact details
<p>Survivors of Bereavement by Suicide</p> <p>(National & Local)</p>	<p>Supports anyone who has been bereaved by the suicide of a close relative or friend. Offers a confidential telephone helpline, group meetings (in some locations) and support information.</p> <p>Locally they meets the second 2 Tuesday of every month. Contact 07984 786868.</p>	<p>National helpline Telephone : 0300 111 5065 National Office Telephone: 0115 944 1117</p> <p>admin@uksobs.org www.uk-sobs.org.uk</p> <p>National Office: Flamsteed Centre, Albert Street Ilkeston, Derbyshire, DE7 5GU</p> <p>Exeter Friends Meeting House, Wynards Lane Magdalen Street, Exeter, EX2 2HU</p>
<p>Support after Murder and Manslaughter (SAMM)</p>	<p>A national charity that supports families bereaved by murder and manslaughter in the UK.</p>	<p>National Helpline Telephone: 0845 872 3440</p> <p>samm.national@gmail.com www.samm.org.uk</p>

Bereavement Services Road Accident Deaths

Organisation Name	Description of Service	Contact details
<p>Road Peace</p> <p>(National)</p>	<p>Support and advice to all bereaved and injured road traffic victims</p>	<p>Telephone: 0845 4500 355 Mon-Fri 9am to 5pm</p> <p>Info@roadpeace.org www.roadpeace.org</p> <p>Shakespeare, Business Centre, 245a Coldharbour, Lane, Brixton, London, SW9 8RR</p>

Bereavement Services Additional Bereavement Services

Organisation Name	Description of Service	Contact details
The Way Foundation (Widowed and Young)	UK network of local groups offering support and social events for young widowed men and women and their children, if they have them. Anyone who has lost a partner before their 51 birthday, married or not, parents or those without children are welcome to join. Also signposting to other support organisations and some legal and financial advice.	www.widowedandyoung.org.uk Suite 14, College Business Centre, Uttoxeter Road, Derby, DE22 3WZ Facebook and Twitter pages available
War Widows Association (WWA)	Help for all war widows. Also a newsletter 3 times a year	Telephone: 08452 412 189 www.warwidows.org.uk info@warwidows.org.uk Co. 199 Borough, High Street, London, SE1 1AA
Fernlea Trust (Local)	Crisis pregnancy charity that provides free, confidential support and counselling for issues arising from pregnancy, cases of post-abortion, miscarriage, still birth and neo-natal death.	Telephone: 01803 853 609 Telephone: 07788 560 779

Bereavement Services Additional Bereavement Information

Organisation Name	Description of Service	Contact details
NHS Choices	The NHS Choices website has some useful information and links to support groups.	www.nhs.uk (search bereavement)
Bereavement Benefits	Information regarding benefits, payments and allowances including for funerals.	www.gov.uk/browse/benefits/bereavement

Organisation Name	Description of Service	Contact details
Torbay Registration Offices	<p>Registration of death and offers the 'Tell Us Once' Scheme</p> <p>The registry office will advise the following departments of the death, if documents still held by the deceased:- Passport, Driving License, Blue Badge, Bus Pass, National Insurance Number, Medical Card.</p>	<p>Telephone: 01803 208 300 Torquay Library, Lymington Rd, Torquay, TQ1 3DT</p> <p>Telephone: 01803 207 130 Paignton Library, Great western Road, Paignton, TQ4 5AG</p> <p>Telephone: 01803 853870 Brixham Library, Market Street, Brixham, TQ5 8EU</p>
Plymouth Register Office	<p>You'll need to bring: The medical certificate of the cause of death from a doctor or the certificate from <u>the coroner</u> (if referred)</p> <p>You'll need to provide the following information about the person who has died:</p> <p>Date and place of death, Full name and surname together plus any other names they've been known by, (for example a maiden name Date and place of birth, Occupation, Address, Marital status and the full names and last occupation of their spouse, National health number, (from their GP) Pension details and if they received a government pension.</p>	<p>Telephone: 01752 268331</p> <p>https://www.plymouth.gov.uk/home/birthsmarriagesanddeaths/death/registerdeath</p> <p>Plymouth Register Office, Lockyer Street, Plymouth, PL1 2QD</p>
Devon Registration Offices	<p>Registration of death and offers the 'Tell Us Once' Scheme</p> <p>The registry office will advise the following departments of the death, if documents still held by the deceased:- Passport, Driving License, Blue Badge, Bus Pass, National Insurance Number, Medical Card.</p>	<p>Telephone: 0845 155 1002</p> <p>www.devon.gov.uk/registrationservice/registrationoffices/devon-register-office</p> <p>Devon Register Office, Old Forde House, Brunel Road, Newton Abbot, TQ12 4XX</p> <p>East Devon Registration Office, Honiton, Heathpark Way, Heathpark, Honiton, EX14 1SF</p> <p>Exeter Registration Office, Larkbeare House, Topsham Road, Exeter, EX2 4NG</p> <p>Mid Devon Registration Office, Old Heathcoat School Community Centre, King Street, Tiverton, EX16 5JJ</p> <p>North Devon Registration Office, Taw View, Barnstaple, EX31 1ED</p> <p>South Hams Registry Office, Follaton House, Plymouth Road, Totnes, TQ9 5NE</p>


		<p>Torrige Registration Office, Caddsdawn Business Support Centre, Farm Road, Bideford, EX39 3DX</p> <p>West Devon registration Office, Okehampton Town Council Offices, Fore Street, Okehampton, EX20 1AA</p> <p>West Devon Registration Office, West Devon Borough Council Offices, Kilworthy Park, Tavistock, PL19 0BZ</p>
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Counselling Services

Organisation Name	Description of Service	Contact details
Bereavement Counselling Service (Devon - Plymouth)	The Bereavement Counselling Service (BCS) is a charity which offers specialist bereavement counselling in response to complicated grief and traumatic loss. The BCS is based in Plymouth (UK) and is partially funded by the Clinical Commissioning Group which covers Plymouth and some of Devon.	<p>Telephone: 01752 349769</p> <p>enquiries@bcsplymouth.com</p> <p>http://www.bcsplymouth.co.uk/</p> <p>The Bereavement Counselling Service (SW), Falcon House, Eagle Road, Plymouth, PL7 5JY</p> <p>Facebook and Twitter available</p>
Crossline (Devon – Plymouth)	Crossline provide a 24hr listening line manned by trained listeners, weekday counselling service and parent and toddler groups. Their ethos is Christian, but they are committed to providing an inclusive, non-judgemental service to those who seek help, regardless of faith or belief. Counselling available by appointment.	<p>Telephone: 01752 664 243</p> <p>09:00 – 13:00 weekdays</p> <p>www.crossline-plymouth.co.uk</p> <p>plymouth@tiscali.co.uk</p>
Simply Counselling (Devon - Plymouth)	Simply Counselling provide counselling for individuals, couples, carers and families in the Plymouth area. They are a Plymouth based Community Interest Company, committed to improving the welfare of the people of Plymouth and the surrounding areas.	<p>Telephone: 01752 560 900</p> <p>www.simplycounselling.org</p> <p>info@simplycounselling.org</p> <p>Unit 4A, Stoke Damerel, Business Centre, 5 Church Road, Stoke, Plymouth, PL3 4DT</p> <p>Facebook and Twitter pages available</p>

Organisation Name	Description of Service	Contact details
<p>Personal and Relationship Counselling (Devon – Plymouth)</p>	<p>To provide counselling services on relationships and personal matters.</p> <p>Fees apply.</p>	<p>Telephone: 01752 266 000</p> <p>www.plymouthcounselling.com info@plymouthcounselling.com</p> <p>36 Looe Street, The Barbican, Plymouth, PL4 0EB</p> <p>Facebook and Twitter pages available</p>
<p>Young Devon (Devon – Plymouth)</p>	<p>Free and confidential counselling service for young people 13-25 and telephone support for their parents. Advice on housing, sexual health, mental health and advice for those with carers responsibilities.</p>	<p>Telephone: 01752 691511</p> <p>fern.oneill@youngdevon.org</p> <p>10 Erme Road, Ivybridge, PL21 0AB</p> <p>Facebook, YouTube, Sound cloud and Twitter pages available</p>
<p>Samaritans (Devon - Exeter, Mid & East Devon)</p>	<p>The Samaritans is 24/7 service to provide confidential emotional support for those experiencing feelings of distress or despair, including those which may lead to suicide. Drop-in service also available.</p>	<p>Telephone: 01392 411 711</p> <p>Telephone: 0845 790 9090</p> <p>www.samaritans.org/branches/samaritans-exeter-mid-east-devon jo@samaritans.org</p> <p>10 Richmond Road, Exeter, EX4 4JA</p> <p>Facebook and Twitter pages available</p>

Adult Hospices

Organisation Name	Description of Service	Contact details
<p>Hospiscare Exeter (Devon – Exeter)</p> 	<p>If you live in Exeter, Mid or East Devon, Hospiscare is your local adult hospice charity. Should you or a loved one need care for any type of terminal illness, our professional team of doctors and nurses are here to help.</p>	<p>Telephone: 01392 688000</p> <p>www.hospiscare.co.uk/ info@hospiscare.co.uk</p> <p>Hospiscare, Searle House, Dryden Road, Exeter, EX2 5J</p>
<p>North Devon Hospice (Devon – North)</p>	<p>One-to-one support and group work.</p>	<p>Telephone: 01271 344 248 (Mon-Fri 09:00-17:00)</p> <p>www.northdevonhospice.org.uk info@northdevonhospice.org.uk</p> <p>Deer Park, Newport, Barnstaple, EX32 0HU</p>
<p>Rowcroft Hospice (Devon – Torbay)</p>	<p>Rowcroft provide a bereavement service that is available to any individual who has had contact with the hospice, whether as a patient, family member, carer or friend.</p>	<p>Telephone: 01803 217 403</p> <p>www.rowcrofthospice.org.uk/parents-families-friends/caring-for-you-as-a-relative-or-friend/bereavement- info@rowcroft-hospice.org.uk</p> <p>Rowcroft House, Foundation Avenue Road, Torquay, TQ2 5LS</p> <p>Facebook and Twitter pages available</p>
<p>St Luke's Hospice (Devon – Plymouth)</p>	<p>A team of trained volunteers provide the service which is accessible through the co-ordinator. This service is open to people affected by the diagnosis of a life- threatening illness and to the families and friends of anyone who had links with the Hospice before the death.</p>	<p>Telephone: 01752 401 172</p> <p>www.stlukes-hospice.org.uk info@stlukes-hospice.org.uk</p> <p>Stamford Road, Turnchapel, Plymstock, PL9 9XA</p>

Support groups and support services

Organisation Name	Description of Service	Contact details
All Nations Ministries (Plymouth)	Range of activities and services for those refugees and asylum seekers newly arrived in Plymouth which is aimed at promoting racial harmony and better social integration with the local community. A strategy by which people from different ethnic and social groups have the opportunity to meet and learn from each other so that everyone may feel part of the community.	Telephone: 01752 651 817 www.allnationsministries.info allnations@allnationsministries.info All Nations Ministries, Catherine Street, Baptist Church, Plymouth, PL1 2AD
British Red Cross (National)	Volunteer-led humanitarian organisation that helps people in crisis, wherever and wherever they are.	Telephone: 0344 871 1111 www.redcross.org.uk British Red Cross, UK Office, 44 Moorfields London EC2Y 9AL Facebook and Twitter pages available
Estuary League of Friends (Devon – Exeter)	Individually tailored services and support for carers living in the locality, one-to-one meetings, and regular group meetings. Memory café 2 nd and 4 th Tuesday of the month at Topsham Methodist Church.	Telephone: 01392 879009 www.estuary-league-of-friends.co.uk office.estuary@gmail.com Rydon House, 20c High Street, Topsham, Exeter, EX3 0EA
Farm Community Network (National)	Help advice and support for members of the farming community from volunteers from farming community. Social groups to combating rural stress and isolation.	Helpline: 03000 111999 (07:00 – 23:00 every day) Non-urgent enquiries: 01788 510 866 (09:00-17:00 weekdays) www.fcn.org.uk mail@fcn.org.uk The Farming, Community Network, Manor Farm, West Haddon, Northampton, NN6 7AQ

Organisation Name	Description of Service	Contact details
<p>FORCE Cancer Centre</p> <p>(Devon – Exeter)</p>	<p>Free support and information service for those affected by cancer. Information leaflets and booklets, complementary therapies by appointment, relaxation groups, support and counselling.</p>	<p>Information & Advice: 01392 406 151 Complementary therapies: 01392 402 086 www.forcecancercharity.co.uk support@forcecancercharity.co.uk</p> <p>The Corner House (Grounds of RD&E), Barrack Road, Exeter, EX2 5DW</p>
<p>Headway</p> <p>(National & Devon)</p>	<p>Headway is the UK-wide charity that works to improve life after brain injury. It provides support, services and information to brain injury survivors, their families and carers, as well as to professionals in the health and legal fields.</p>	<p>Free Helpline: 0800 800 2244 helpline@headway.org.uk info@headway.org.uk</p> <p>Barnstaple telephone: 07971 174 960 headwaynorthdevon@hotmail.co.uk PO Box 361, Barnstaple, EX32 2FT</p> <p>Exeter telephone: 01392 211 822 info@headwaydevon.org.uk The X Centre, Commercial Road, Exeter, EX2 4AD</p> <p>Plymouth telephone: 01752 550 559 headwayplymouth@hotmail.com Headway House, Park Avenue, Devonport, Plymouth, PL1 4RJ</p>
<p>Plymouth and District Race Equality Council</p> <p>(PDREC)</p> <p>(Devon)</p>	<p>PDREC is an independent and impartial registered charity working across Plymouth, Exeter and Devon to promote equality of opportunity and towards eliminating racial discrimination. We have an office in Plymouth.</p>	<p>Telephone: 01752 224 555 Monday to Thursday 09:00 – 17:00</p> <p>www.plymouthanddevonrec.org.uk</p> <p>Plymouth and District Race Equality, Harwell Centre 28-42 Harwell Court, Western Approach, Plymouth, PL1 1PY</p> <p>Facebook and Twitter pages available</p>

Organisation Name	Description of Service	Contact details
<p>Plymouth Pregnancy Crisis Care (Devon)</p>	<p>Pregnancy Crisis Care is a Plymouth-based charity helping women and their partners with any pregnancy related crisis by providing free, confidential, impartial support and counselling. Our team of dedicated practitioners have all undertaken specialist training in the areas of pregnancy choices, post-abortion and baby loss counselling.</p>	<p>Telephone: 01752 246 788</p> <p>www.pregnancycrisiscare.org.uk contact@pregnancycrisiscare.org.uk</p> <p>2nd Floor Kinterbury House, Kinterbury Street, Plymouth, PL1 2DG</p> <p>Facebook and Twitter pages available</p>
<p>Redcross Care & Response Service Support at home (Plymouth & Torbay)</p>	<p>The Red Cross helps thousands of people following a short stay in hospital and prevents unnecessary hospital admissions by providing extra support and care at home. The support from a volunteer can smooth the process of settling back into a normal routine and enable people to regain their confidence and independence. The service includes; rebuilding confidence, collecting prescriptions, offering companionship and assistance with shopping.</p>	<p>Plymouth telephone: 01752 831 617 Plymouth Public, Dispensary, 18 Catherine Street, Plymouth, PL1 2AD</p> <p>Torbay telephone: 01803 321 247 torbay@redcross.org.uk www.redcross.org.uk</p> <p>National Facebook and Twitter pages available</p>
<p>SSAFA – Military Charity (National & Devon)</p>	<p>Help and support for those who served in our Armed Forces and those who used to serve – even if it was only for one single day. Professional and trained volunteers provide a reliable, caring and trusted service to more than 50,000 people.</p>	<p>National Freephone: 0800 731 4880</p> <p>Exeter: 01392 254 611 devon@ssafa.org.uk Plymouth: 01752 553 414 plymouth@ssafa.org.uk</p> <p>SSAFA Devon, Room F02, Building 7, Wwyvern Barracks Barrack Road, Exeter, EX2 6AR</p>
<p>Stroke Association (National and Exeter)</p>	<p>Information, advice and support to stroke sufferers and their families. Link to local stroke clubs and support agencies such as local dysphasic support groups.</p>	<p>National Helpline: 0303 3033 100 Devon group contact: 01392 447361 www.stroke.org.uk info@stroke.org.uk</p> <p>1st Floor Forde House, Park Five, Harrier Way, Exeter, EX2 7HU</p>

Organisation Name	Description of Service	Contact details
The Mustard Tree (Devon – Plymouth)	The Mustard Tree Macmillan Centre has been created to support people with cancer, their families and carers. The Centre works closely with all the staff who are involved in the treatment of cancer. We offer a friendly space where you can share your concerns, ask questions and receive support from our staff who are professionals or trained volunteers, many of who have personal experiences of cancer.	Telephone: 01752 430060 (9am-6pm) www.plymouthhospitals.nhs.uk/mustard-tree The Mustard Tree, Macmillan Centre Level Three, Derriford Hospital, Plymouth, PL6 8DH
UNITE (Devon – Mid)	To provide support, information and activities for the benefit of unpaid carers of any age.	Telephone: 01884 257 511 www.unite-carersinmiddevon.org.uk info@unitemd.org.uk 2 Bridge Street, Tiverton, EX16 5LY
UPSTREAM Health Living Centre (Devon)	UPSTREAM reaches out into local communities to help people who are mentally, physically or socially isolated to improve their own health, well-being and quality of life, and to prolong their independence. Team of community mentors.	Telephone: 07450 167788 www.upstream-uk.com claire@upstream-uk.com Upstream HLC, 4 Market Street, Crediton, EX17 2AJ

Advocacy Services

Organisation Name	Description of Service	Contact details
Action Against Medical Accidents (AvMA) National (National)	Action against Medical Accidents (AvMA) is the UK charity for patient safety and justice. We provide free and confidential advice and support to people affected by medical accidents , via our helpline and casework service and can refer to our panel of specialist clinical negligence solicitors or other sources of support where appropriate.	Medical Accident Helpline: 0845 123 2352 Monday-Friday 10:00am – 3:30pm www.avma.org.uk Freedman House, Christopher Wren Yard, 117 High Street, Croydon, CR0 1QG Facebook and Twitter pages available

Organisation Name	Description of Service	Contact details
<p>Devon Advocacy Service</p> <p>(Devon)</p>	<p>The Devon Advocacy Consortium provides an independent, professional advocacy service for people over 16 in Devon.</p> <p>The Devon Advocacy Consortium provides the following free, flexible and confidential advocacy services:</p> <ol style="list-style-type: none"> 1. General and Health Complaints Advocacy for Adults 2. Independent Mental Health Advocacy (IMHA) 3. Independent Mental Capacity Advocacy (IMCA) 	<p>Telephone: 0300 343 5707</p> <p>www.devonadvocacy.org.uk Dac@seap.org.uk</p> <p>DAC c/o Living Option Devon, Ground Floor Units 3-4, Cranmere Court, Lustleigh Close, Matford Business Park, Exeter, EX2 8PW</p>
<p>Improving Lived Plymouth DIAC Casework Service</p> <p>(Devon)</p>	<p>DIAC provides a specialist disability service to support people with physical or sensory impairment, disability, long term health conditions and mental health issues. DIAC also provide information and advice for patients and carers at Mount Gould Hospital and an advice service to adults and children with Cystic Fibrosis at Derriford Hospital.</p>	<p>Telephone: 0344 411 1444</p> <p>www.plymouthguild.org.uk infoandadvice@improvinglivesplymouth.org.uk</p> <p>DIAC Advocacy & Casework Service Ernest English House, Buckwell Street, Plymouth, PL1 2DA</p>
<p>Improving Lives Plymouth</p> <p>(Devon)</p>	<p>To assist, comfort and guide any person who may be in distress by reason of poverty, ill health, loneliness or other cause within Plymouth and the West Devon area.</p>	<p>Telephone: 01752 201 766</p> <p>www.improvinglivesplymouth.org.uk ilp@improvinglivesplymouth.org.uk</p> <p>Plymouth Guild Ernest English House, Buckwell Street, Plymouth, PL1 2DA</p>
<p>PAGES Advocacy</p> <p>(Devon - Plymouth & West)</p>	<p>A free, confidential and independent advocacy service in The Glenbourne Unit outreaching to The Lee Mill Unit, Syreena House, Edgecumbe Ward and The Gables. PAGES provide support to empower patients at formal and informal meetings, hearings, tribunals, assessments and reviews to enable the patients' voice to be heard. PAGES also provide Independent Mental Health Advocacy (IMHA) for patients who are subject to the provisions of the Mental Health Act 1983.</p>	<p>Telephone: 01752 700 202</p> <p>Glebourne Unit, Morlaix Road, Plymouth, PL6 5AF</p>
<p>SEAP – Independent Complaints Advocacy Service (ICAS)</p> <p>(South of England)</p>	<p>We provide independent advocacy services to help resolve issues or concerns you may have about your health and well-being or your health and social care services. Our aim is to ensure that: You are in control of decisions which are made about you, your experiences, views, wishes and feelings are heard, you can contribute to improving the health and care services you use.</p>	<p>Telephone: 0330 440 9000 Text: send the keyword SEAP to 80800, followed by your message</p> <p>www.seap.org.uk Info@seap.org.uk</p> <p>SEAP Hastings, Upper Ground Floor, Aquila House, Breeds Place Hastings, East Sussex, TN34 3UY Facebook page available</p>

Councils for Voluntary Service

Organisation Name	Description of Service	Contact details
<p>Councils for Voluntary Sector - Involve (Devon)</p>	<p>If you are looking for anything else in the volunteer sector your local CVS is a rich source of information.</p>	<p>East Devon: Telephone 01404 549 045 www.edvsa.org.uk info@actioneastdevon.org.uk Younghayes Centre, 169 Younghayes Road, Cranbrook, EX5 7DR</p> <p>Mid Devon: Telephone: 01884 255 734 http://www.devonva.org/ office@involve-middevon.org.uk Involve Central Offices, Sunningmead Community Centre, Lazenby Road, Tiverton, EX16 4AL</p> <p>North Devon: Telephone 01271 866 300 www.ndvs.org.uk Suite 206, Second Floor Queen's House, Queen Street, Barnstaple, EX32 8HJ</p> <p>South Hams: Telephone 01803 862 266 www.southhamscvs.org.uk cvs@southhamscvs.org.uk The Cottage, Follaton House, Plymouth Road, Totnes, TQ9 5NE</p> <p>Teignbridge: Telephone 01626 326 120 www.teigncvs.org.uk office@teigncvs.org.uk 36-38 Market Walk, Newton Abbot, TQ12 2RX</p> <p>Torridge: Telephone 01237 420 130 www.torridgecvs.org.uk administrator@torridgecvs.org.uk TTVS, 14 Bridgeland Street, Bideford, EX39 2QE</p>

Organisation Name	Description of Service	Contact details
<p>Councils for Voluntary Sector - Involve (Devon)</p>	<p>If you are looking for anything else in the volunteer sector your local CVS is a rich source of information.</p>	<p>West Devon: Telephone 01837 53392 www.westdevoncvcs.org.uk info@westdevoncvcs.org.uk 13 East Street, Okehampton, Devon, EX20 1AS</p>
<p>Carewise (Torridge CVS)</p>	<p>Carewise supports and works with children and young people from across North Devon, up to the age of 18 who look after or support parents, relatives or siblings with care needs.</p>	<p>Telephone: 01237 479 380 www.carewise.org.uk enquiries@carewise.org.uk Carewise, 14 Bridgeland Street, Bideford, Devon, EX39 2QE</p>
<p>Pinpoint (Devon)</p>	<p>Devon County Council-maintained website for local community groups and services.</p>	<p>www.pinpointdevon.co.uk Devon Online Information Service, Room 170, County Hall, Topsham Road, Exeter, EX2 4QD</p>